NextGen Sportz Association Program and COVID-19-Return to Play Protocols

This Program and COVID-19-Return to Play Protocol could change and will be updated accordingly.

The following protocols have been created to help limit the potential spread of COVID-19 and continue to offer a safe environment for all NextGen Sportz Association coach(s), staff(s), volunteer(s), participant(s) and member(s).

Due to COVID-19 we are asking that a COVID-19 waiver (Appendix A) is completed by all individuals participating and working in any NextGen Sportz Association program(s) to be able to participate or work in the program(s).

This includes:

- Program Participant(s)
- Coach(s)/Staff(s)
- Volunteer(s)
- Official(s) (if they are needed)

Facility/Courts

- Coach(s), staff(s) and volunteer(s) will check courts and the surrounding area to make sure that the condition of the area has no garbage and that the area is clean.
- All equipment will be wiped and disinfected before programs start.
- At the end of program all used ball must be placed in a marked bin for cleaning.

Programs & Participants

- Up to 10 athletes are allowed on each court (outdoors).
- Participants will enter facility/courts in small groups (3-5).
- A COVID-19 waiver form must be signed before coming to program. If form is not filled participant will not be allowed to participate in program.
 - Link for form can be found at <u>www.nextgensportz.ca</u> under 'Policies & Procedures'
- A COVID-19 screening questionnaire will be completed by all coach(s), staff(s), volunteer(s) and participant(s) before each program.
 - If answered 'yes' to any questions coach(s), staff(s), volunteer(s) or participant(s) will be asked to go home and follow public health guidelines.
 - If answered 'no' to all questions coach(s), staff(s), volunteer(s) or participant(s) will be allowed to work or participate in the program.

Note: Coach(s), staff(s), volunteer(s) or participant(s) who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is NEW, DIFFERENT or GETTING WORSE. Look for changes from your normal symptoms.

COVID Symptoms

Fever Cough Difficulty breathing

Loss of taste or smell Feeling unwell, muscle ache or tired

Stuffy or runny nose Headache Sore throat or pain swallowing

Nausea, vomiting or diarrhea

- Participant(s) will wash or sanitize their hands (with 60% alcohol) before entering the courts, during breaks and at the end of each program before leaving.
- Participant(s) will be put in groups of 5 for the day (until further notice).
- Coach(s), staff(s), volunteer(s) and participant(s) must maintain a physical distance of 6 feet apart from other worker(s) and participant(s) (when possible).
- Participant(s) will need to be changed and ready to play for programs.
- Coach(s), staff(s), volunteer(s) and participant(s) must wear a mask at all times unless being active.
- Participant(s) will not share water bottles, towels etc.
- Participant(s) will be escorted by a coach, staff or volunteer to the washrooms.
- Participant(s) must tell coach(s), staff(s) or volunteer(s) if they are not feeling well.
- No spectators are preferred.
 - If outside participant(s) are allowed to have 1 parent/guardian with them.

Be advised that depending on the facility and restrictions, parent/guardian may not be allowed to stay and watch.

- All equipment will be wiped and disinfected at the end of each program.
- End of program participant(s) will leave program area right away and meet in parking lot for pickup (1 staff and/or 1 volunteer will be waiting with them)

Must Have:

All participants must have the following;

- Water bottle
- Hat/visor
- Sunscreen
- Towel
- Sunglasses
- Blanket/chair (something to sit on)
- Hand sanitizer
- Face mask

NOTE:

Stay Home if you...

- Feel sick.
- Have had close contact with any persons who has tested positive for COVID-19.
- Show symptoms of COVID-19.
- Are waiting on COVID-19 test results.
- Have tested positive for COVID-19.

If there are COVID-19 Symptoms

Sick/Unwell

- If any coach(s), staff(s), volunteer(s) or participant(s) becomes unwell, that individual must immediately stop participating.
- The individual(s) must be isolated in a well vented or outside area.
- The individual(s) will be sent home and will be instructed to follow public health guidelines.
- The facility will be informed.

• The individual(s) will only be able to return to programs once they no longer show any symptoms.

Return to Play and Public Health Protocols

Our organization is partnered with Ontario Volleyball Association (OVA), below is their link to their return to play protocols also below are links to the Ontario Public Health protocol (regions that we currently run programs in).

- OVA Return to Play Protocol
 - www.ontariovolleyball.org

Public Health Protocols

- Regions
 - Toronto GTA www.toronto.ca
 - Durham www.durham.ca
 - York www.york.ca

Any information could be subject to change due to COVID-19 protocols. Updates will be posted on our social media platforms to keep everyone up to date.

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